

# RENEWED

## *The Best Version of You*

*Therefore we do not lose heart. Even though  
our outward man is perishing, yet the  
inward man is being renewed day by day.*

2 Corinthians 4:16

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## 2 Corinthians 4:16

*Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being **renewed day by day.***



# What is Renewal?



# Renewed Defined

## ἀνακαινόω (anakainoō)

- “*ana*” to cause to grow up
- “*neos*” to make new
- New strength and vigor given
- To be changed into a new kind of life as opposed to the former corrupt state
- Renovate

Strong's concordance. Vine's Expository Dictionary of New Testament Words



**2 Corinthians 4:16** “....*The inward man is being renewed day by day.*”

*“Being renewed”* is in the “passive voice,”  
meaning *“acted upon.”*

**God does this renewing! You cannot renew yourself.**



# Renewed in Knowledge

## Colossians 3:9-10

*Do not lie to one another, since you have put off the old man with his deeds, 10 and have put on the new man who is **renewed in knowledge** according to the image of Him who created him,*



The background image is a landscape photograph taken during the 'blue hour' or 'golden hour'. The sky is a mix of deep blues, purples, and oranges, with some lens flare effects visible. In the foreground, the dark silhouettes of trees and bushes are visible against the lighter sky. In the background, there are rolling hills or mountains, also silhouetted. The overall mood is serene and contemplative.

**Renewal is the Secret of Endurance**



“All through life it must happen that one's bodily strength fades away, but all through life it ought to happen that a one's soul keeps growing. The sufferings which leave one with a weakened body may be the very things which strengthen the sinews of his soul.

From the physical point of view, life may be a slow but inevitable slipping down the slope... But from the spiritual point of view life is a climbing up the hill that leads to the presence of God.” ~ *William Barclay*



# How to Be Renewed

**R** - Rest & Repent

**E** - Experience Fullness

**N** - Never cease prayer

**E** - Endure: Cast Cares on the Lord

**W** - Wait on exchange of strength



# How to Be Renewed

## R - Rest & Repent

**Hebrews 4:10**, *For he who has entered His rest has himself also ceased from his works as God did from His.*

**Psalms 4:8 NLT**, *In peace I will lie down and sleep, for you alone, O LORD, will keep me safe.*

**Acts 3:19**, *Repent, then, and turn to God, so that your sins may be wiped out, that **times of refreshing** may come from the Lord.*

**2 Corinthians 7:9**, *Now I rejoice, not that you were made sorry, but that your sorrow led to repentance. For you were made sorry in a godly manner, that you might suffer loss from us in nothing.*



# How to Be Renewed

## R - Rest & Repent

**2 Timothy 2:24-26**, *And a servant of the Lord must not quarrel but be gentle to all, able to teach, patient, 25 in humility correcting those who are in opposition, if **God perhaps will grant them repentance, so that they may know the truth, 26** and that they may come to their senses and escape the snare of the devil, having been taken captive by him to do his will.*