

# MOTIVATION Why We Do What We Do

For the love of Christ compels us, because we judge thus: that if One died for all, then all died;

2 Corinthians 5:14

PASTOR BRYAN HUDSON, D.Min.

#### 2 Corinthians 5:14

For the **love of Christ compels [controls] us,** because we judge thus: that if One died for all, then all died; 15 and He died for all, that those who live should live no longer for themselves, but for Him who died for them and rose again.

# These questions goes to the heart of our motives or motivations

- 1. Why do people do what they do?
- 2. Why do we do what we do?
- 3. Why do you do things you are doing?

## **What We Know From Experience and Education**

There are two motivational types: intrinsic and extrinsic

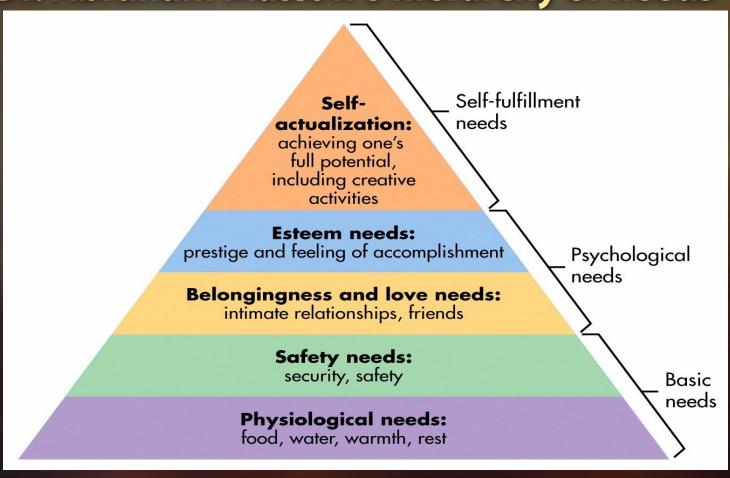
**Intrinsic motivation** (or internal motivation) comes from within

**Extrinsic motivation** (or external motivation) refers to external factors that drive you to do something.

## Five Types of Intrinsic (or internal) motivation

- 1. Learning motivation (or competence motivation)
- 2. Attitude motivation
- 3. Achievement motivation
- 4. Creative motivation
- 5. Physiological motivation

#### Dr. Abraham Maslow's hierarchy of needs



https://www.medicalnewstoday.com/articles/maslows-hierarchy-of-needs#five-needs

# Four Types of Extrinsic (or external) motivation

- 1. Incentive motivation
- 2. Fear motivation
- 3. Power motivation
- 4. Social motivation

## **Other Types of Motivation**

- 1. Monetary/Non-Monetary Compensation, Points
- 2. Leaderboards and Competitive Standing
- 3. Rewards and Goal Completion
- 4. Reputation/Fame/Status
- 5. Community/Collaboration/Relationships
- 6. Survival
- 7. Self-esteem
- 8. Internal Cohesion (Making things make sense)
- 9. Making a difference for others
- 10. Service

## There is Another, Higher, Motivation

Paul explained it this way to the Corinthians:

1 Corinthians 12:31

But earnestly desire the best gifts. And yet I show you a more excellent way.

# The Apostle Paul had his own motivations before he came to know Christ

## **Philippians 3:4-6**

Though I also might have confidence in the flesh. If anyone else thinks he may have confidence in the flesh, I more so: 5 circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, a Hebrew of the Hebrews; concerning the law, a Pharisee; 6 concerning zeal, persecuting the church; concerning the righteousness which is in the law, blameless.

## Jesus changed and enhanced Paul's motivation

#### Philippians 3:7

But what things were gain to me, these I have counted loss for Christ. 8 Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord

13 Brethren, I do not count myself to have [d]apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, 14 I press toward the goal for the prize of the **upward [high] call of God** in Christ Jesus.

#### **A New Motive and Motivation - LOVE**

**1 Corinthians 12:31** But earnestly desire the best gifts. And yet I show you a more excellent way.

1 Corinthians 13:1, Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal. 2 And though I have the gift of prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing. 3 And though I bestow all my goods to feed the poor, and though I give my body to be burned, but have not love, it profits me nothing.

#### **A New Motive and Motivation - LOVE**

1 Corinthians 14:4 Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; 5 [love] does not behave rudely, does not seek its own, [love] is not provoked, [love] thinks no evil; 6 [love] does not rejoice in iniquity, [love] rejoices in the truth; 7 [love] bears all things, believes all things, hopes all things, endures all things.

8 **Love** never fails. But whether there are prophecies, they will fail; whether there are tongues, they will cease; whether there is knowledge, it will vanish away

#### **A New Motive and Motivation - LOVE**

1 Corinthians 14:11, When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things. 12 For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known.

13 And now abide faith, hope, love, these three; but **the greatest of these is love.**