



# How Joy Comes

*Deep calls unto deep at the noise of Your waterfalls;  
All Your waves and billows have gone over me.*

Psalm 42:7



## **1 Thessalonians 5:11**

*Therefore encourage one another and build each other up, just as in fact you are doing.*

## **Joshua 1:9**

*Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.*



## **Psalms 42:1**

*1 As the deer pants for the water brooks, So pants my soul for You, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? My tears have been my food day and night, While they continually say to me, "Where is your God?"*



## Psalms 42:4

*When I remember these things, I pour out my soul within me. For I used to go with the multitude; I **went with them to the house of God, With the voice of joy and praise, With a multitude that kept a pilgrim feast. Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance.***



## Psalms 42:6

*O my God, my soul is cast down within me; Therefore  
I will remember You from the land of the Jordan, And  
from the heights of Hermon, From the Hill Mizar.*

***Deep calls unto deep*** at the noise of Your waterfalls;  
*All Your waves and billows have gone over me. The  
Lord will command His lovingkindness in the  
daytime, And in the night His song shall be with me  
— A prayer to the God of my life.*



**Happiness** is refreshing like lemonade  
The **Joy** of the Lord is your strength



- Joy is a **fruit** of the Spirit.
- Joy is an **artifact**.
- Joy is a **result** of something else.



- Joy cannot be manufactured
- Joy does not come by song, faith, or prayer
- **Joy is already present** in the hearts of Christ Followers



- Joy is a gift
- Joy is inevitable (it has to come)



## Joy is a Gift

### Galatians 5:22-23

*But the fruit of the Spirit is love, **joy**, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law.*



**Joy is Inevitable (it has to come)**

**Psalms 42:3**

*My tears have been my food day and night,  
While they continually say to me, "Where is  
your God?"*



**Joy is Inevitable (it has to come)**

*Hardship and difficulty certainly create unhappiness. But conditions need not negatively affect your joy.*



# Joy is Inevitable (it has to come)

## Psalms 42:4

*When I remember these things, I **pour out my soul within me**. For I used to go with the multitude; I went with them to the house of God, With the voice of joy and praise, With a multitude that kept a pilgrim feast.*



## **Joy is Inevitable (it has to come)**

*Because David was a worshipper, joy was always present, even when circumstances, his emotions, and the negative pressure of others seem to be overwhelming.*



# What is Joy Like?



A landscape photograph featuring a field of tall, golden-brown grass in the foreground. In the middle ground, there is a dense line of dark green trees. The sky above is a vibrant blue, filled with large, fluffy white clouds. The text "Joy is like Clouds" is centered in the upper half of the image, overlaid on the sky and clouds.

**Joy is like Clouds**





**Joy is like a Waterfall**



## How Does Joy Come?

- Joy is **revealed** through the Holy Spirit
- Joy is **revealed** through favorable circumstances
- Joy is **revealed** through encouraging people and encouraging environments



## Philippians 4:4

*Rejoice in the Lord always [at all times]. Again I will say, rejoice! 5 Let your gentleness be known to all men. The Lord is at hand. 6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus*



***Be Encouraged!***