



NEW COVENANT CHURCH

Healing OF THE SOUL

PART
ONE

Who Are You?

Above all else, guard your heart,
for everything you do flows from it.

Proverbs 4:23 (NIV)

PASTOR BRYAN HUDSON, D.Min.

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God's Design For You

Genesis 1:26

*Then God said, "Let Us make man **in Our image**, according to **Our likeness**; let them have **dominion** over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth.*

God's image - Character

God's likeness - Outward witness

Dominion - Responsibility, tasks, duty, service

Fruitful - Utilizing abilities and gifts

Multiply - Reproduce yourself, empower others

Subdue - Create and maintain order

What is the **Imago Dei**?

Imago Dei is the Latin term for “image of God.”

Knowing who you are is foundational to both a healthy self-image and a strong sense of purpose.

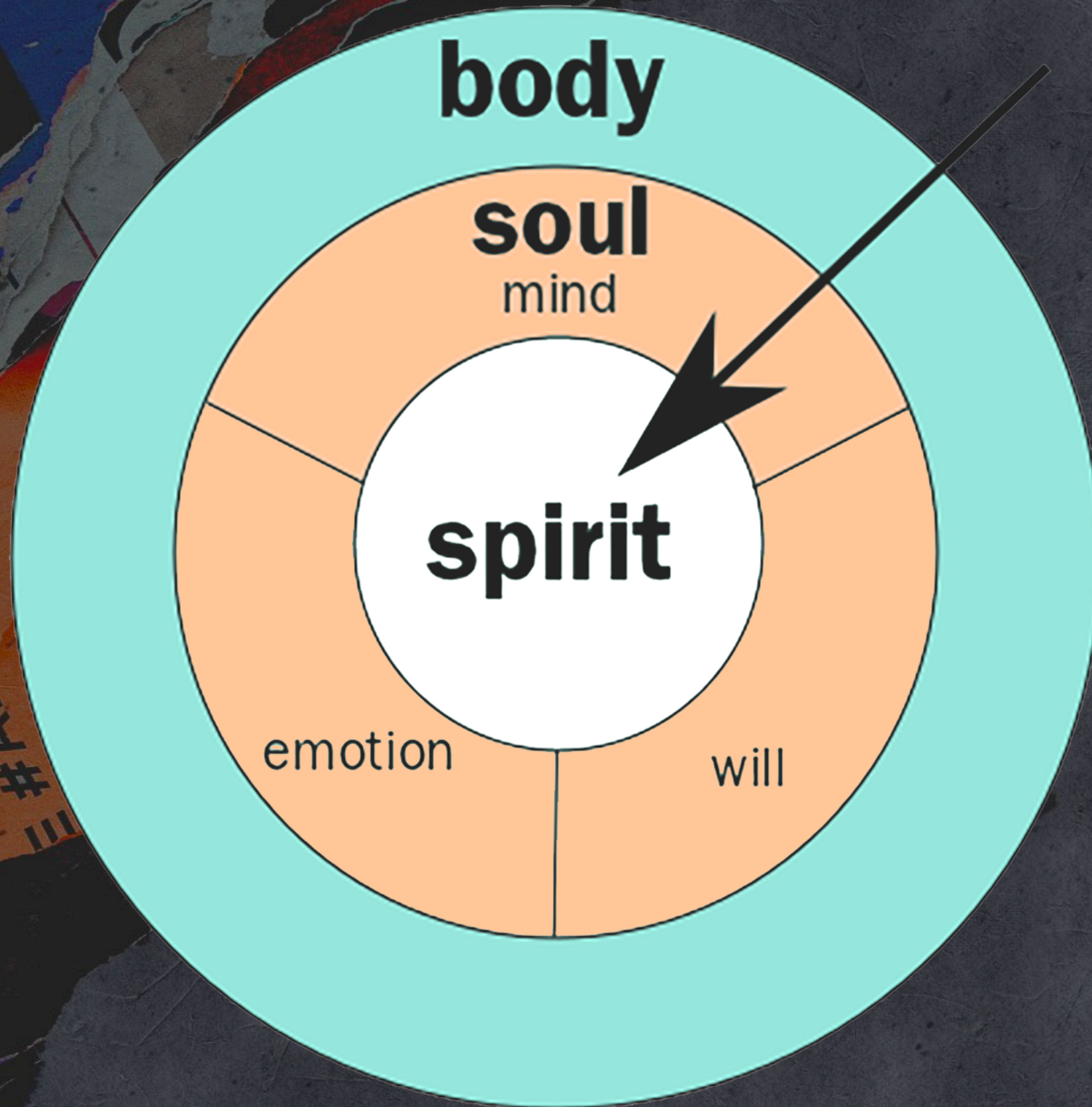
1 Thessalonians 5:23

*Now may the God of peace Himself **sanctify you completely**; and may your **whole spirit, soul, and body be preserved** blameless at the coming of our Lord Jesus Christ.*

What is Sanctification?

It is a term that means to be set apart to God for holy and high purpose

Sanctification is a process that began in your **spirit**, continues in your **soul**, and lived out through your **body**.



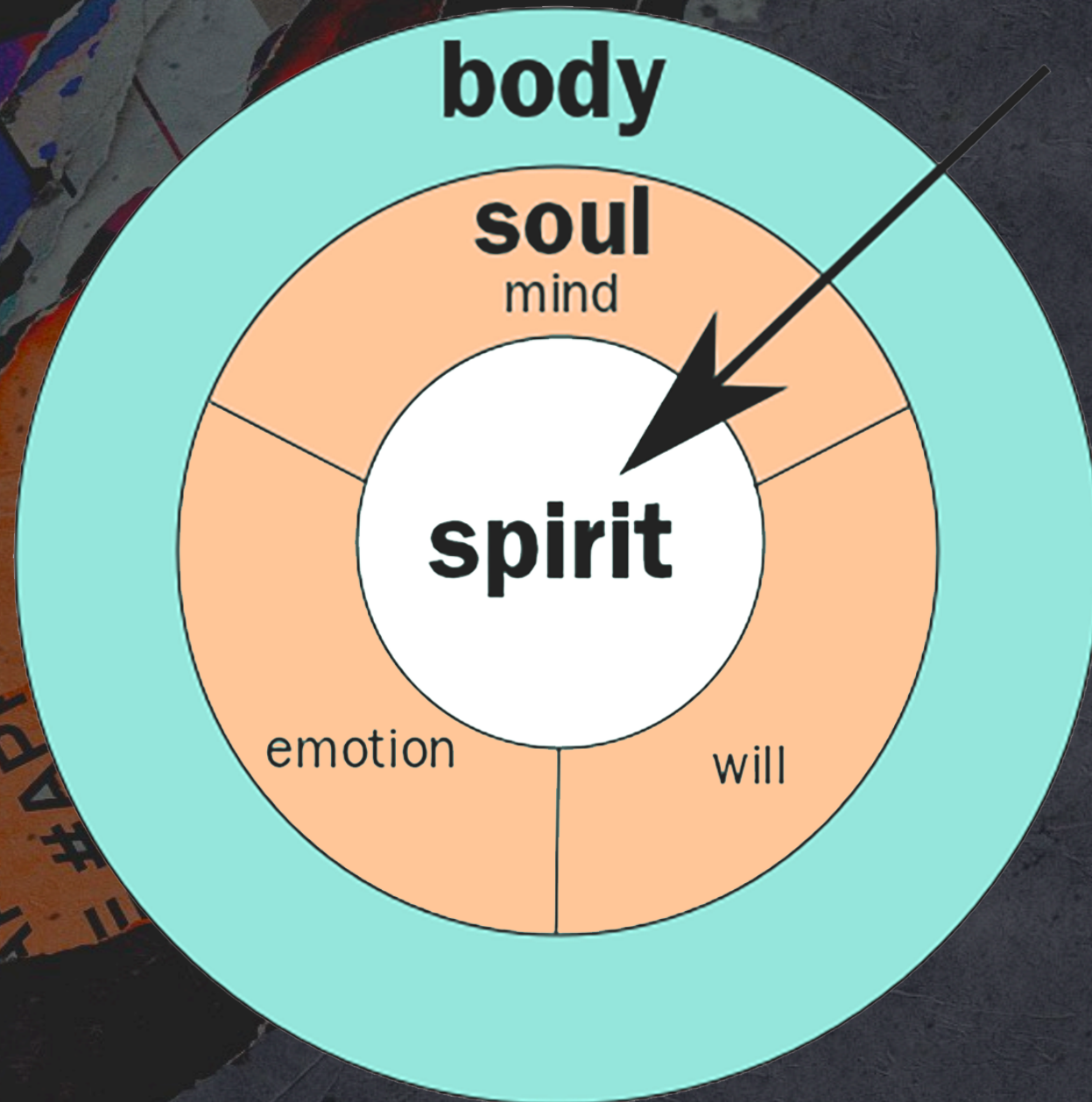
YOU ARE:
Spirit
Soul
Body
In this order

YOU ARE

Spirit - Connect with God

Soul - Connect with yourself

Body - Connect with your world



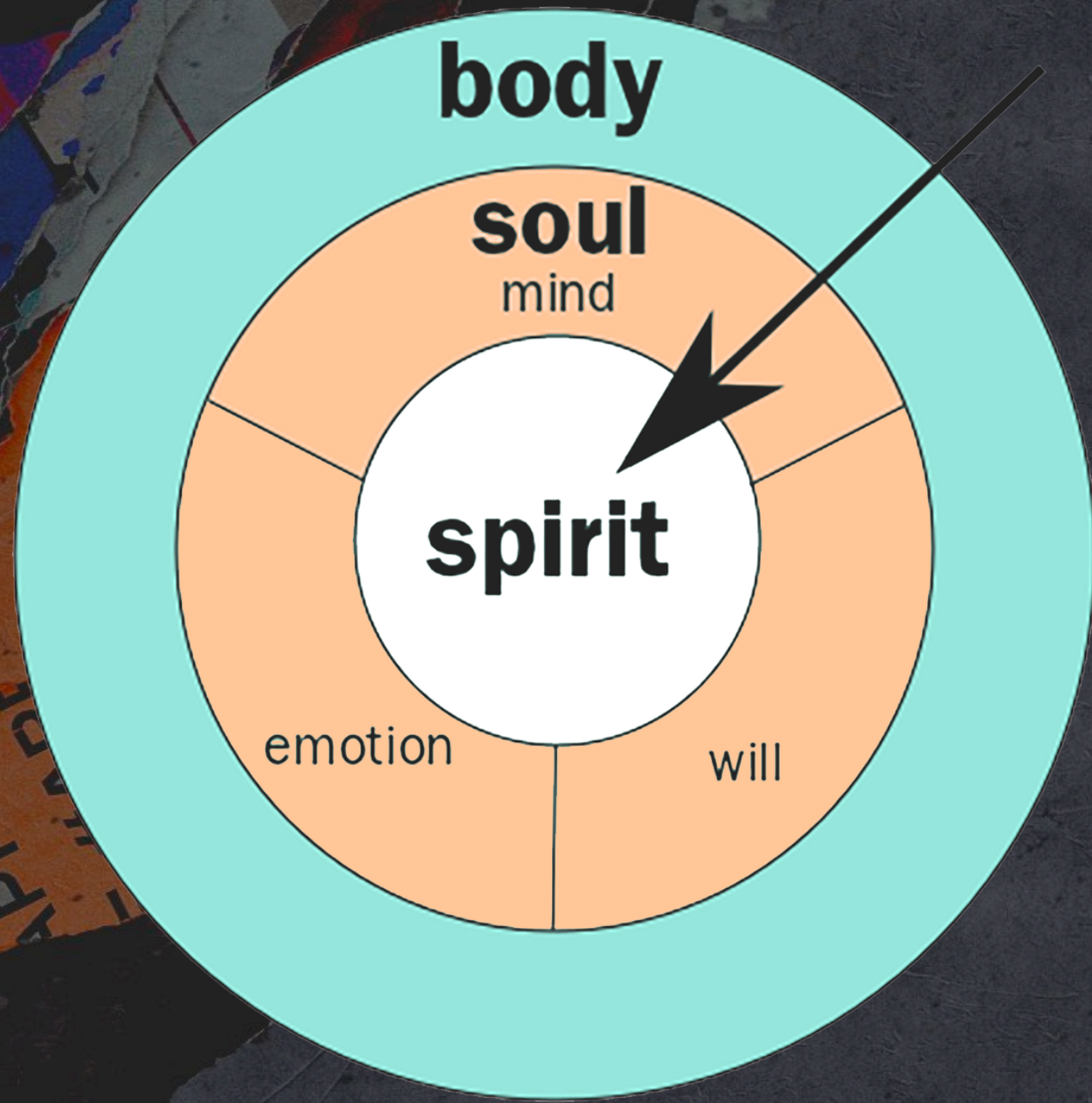
Natural science usually only recognizes **body** and **mind** because the human spirit cannot be observed. Humans are often considered a higher form of animals.

YOUR SOUL (Biblically)

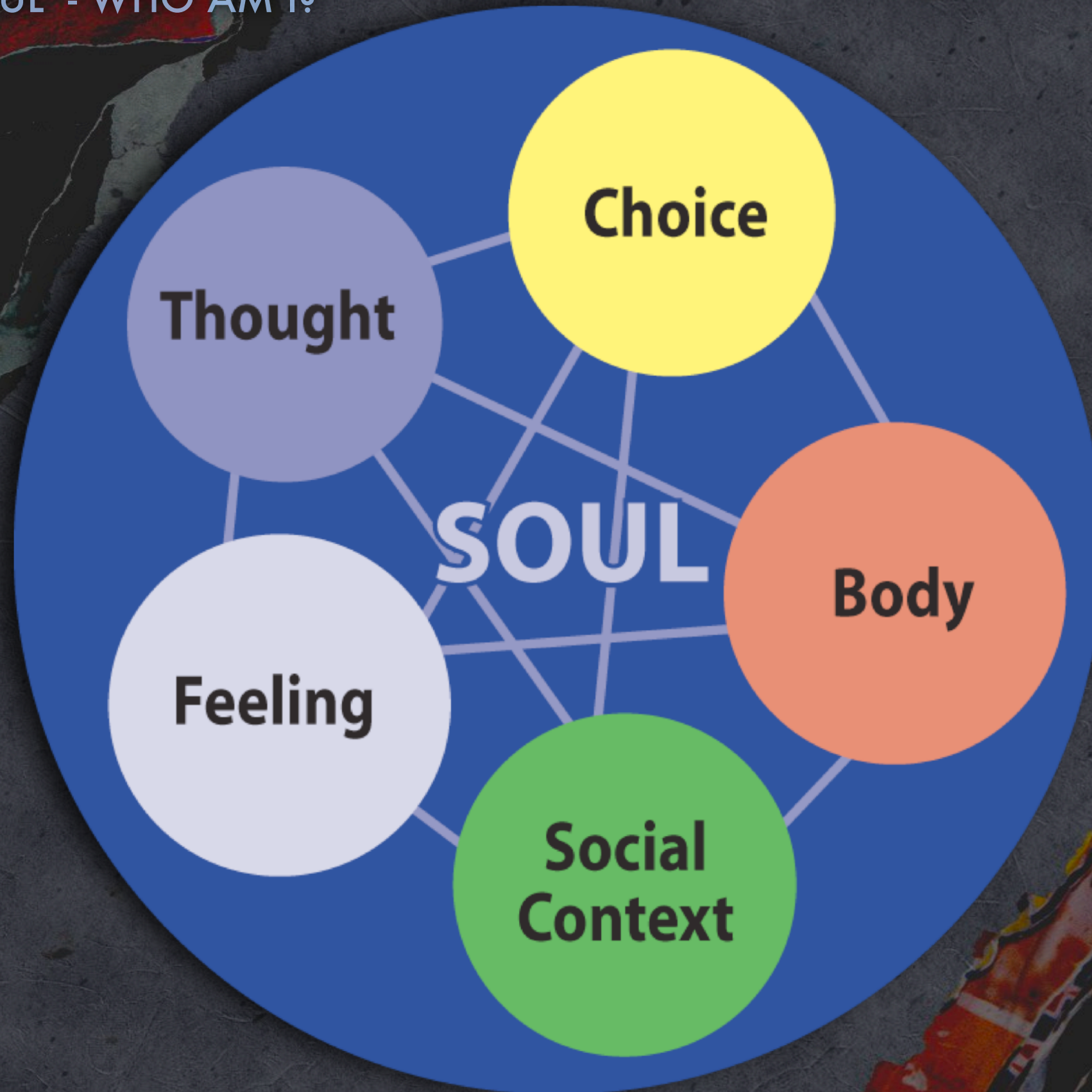
Mind - Your thoughts

Will - Your chosen actions

Emotions - Your feelings



Your spirit and soul are the essence of your personality and expression to other and the world around you through your body.



Unite Your Heart – Become Undivided

Psalm 86:10

*For You are great, and do wondrous things; You alone are God. 11] Teach me Your way, O LORD; I will walk in Your truth; **Unite my heart to fear Your name.** 12] I will praise You, O Lord my God, with all my heart, And I will glorify Your name forevermore.*

Unite Your Heart – Become Undivided

Jeremiah 29:13

*You will seek me and find me when you seek me
with all your heart.*

Matthew 15:8

*These people draw near to Me with their mouth,
And honor Me with their lips, **But their heart is far
from Me.***

Reflection Questions

1. Why is your heart worth guarding above all else?
2. How are you Imago Dei?
3. What is Sanctification? How is it working in you?
4. Why is it essential to unite your heart?