



HABIT

The Faithful Servant

Knowledge. Skill. Desire.

SEVEN KEY HABITS

*Be very careful, then, how you live--
not as unwise but as wise, making
the most of every opportunity,
because the days are evil*

Ephesians 5:15-17

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Habit: The Faithful Servant

1 Thessalonians 5:11

Therefore **encourage one another** and build each other up, just as in fact you are doing.

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Joshua 1:9

*Have I not commanded you? **Be strong and courageous.** Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.*

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Definition of Encourage

- To strengthen; To grow strong; To prevail;
- To make firm; To support; To repair; To hold, contain;
- To strengthen oneself;
- To put forth strength, use one's strength;
- To withstand; To hold strongly with

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- Overcoming discouragement does not come from fighting it.
- Overcoming discouragement starts with agreeing with God who said, *"Be strong and courageous."*
Success in any struggle doesn't come from what you can or cannot do.
- *Success in any struggle comes down to who is with you. (God and people)*

Keys to Encouragement

1. Fill your heart with hope. It's like carrying an umbrella when rain is threatening
2. Encourage others, because you reap what you sow
3. Never feel attacked. Recognize that there are always more broken hearts than hard hearts.
Hurt people, hurt people. Don't take it personally

Keys to Encouragement

4. Surround yourself with encouraging voices and sources. You will need this to help discouraged people.
5. Look at beautiful things. Things that speak to you. Things that cannot be diminished.



Keys to Encouragement

6. Remember that courage is not the absence of fear. Courage is doing the right things even when you are afraid.
7. Always know that God is for you.

*"What, then, shall we say in response to these things? **If God is for us, who can be against us?"***

Romans 8:31

Today's Key:

Make **Habit** a Servant of Encouragement

Your Constant Companion

"I am your constant companion. I am your greatest helper or your heaviest burden. I will push you onward or drag you down to failure. I am at your command. Half of the tasks that you do you may just as well turnover to me and I will do them quickly and correctly. I am easily managed, you must merely be firm with me. Show me exactly how you want something done. After a few lessons I will do it automatically."

Your Constant Companion

"I am the servant of all great people, and alas, of all failures as well. Those who are great, I have made great. And those who are failures, I have made failures. I am not a machine, but I work with all the precision of a machine plus the intelligence of a person. You may run me for profit or run me for ruin, it makes no difference to me. Take me, train me, be firm with me and I will lay the work at your feet. Be easy with me and I will destroy you. **Who am I? I am called habit. Habit is my name.**"

*A habit is the intersection between knowledge,
skill and desire.*

Common sense is not always common practice.

Stephen Covey, *"The Seven Habits of Highly Effective People"*

*"Habit is either the best of servants or the
worst of masters." ~ Nathaniel Emmon*

1 Corinthians 5:6

*Your glorying is not good. Do you not know that a little
leaven leavens the whole lump? 7 Therefore purge out
the old leaven, that you may be a new lump, since you
truly are unleavened. For indeed Christ, our Passover,
was sacrificed for us. 8 Therefore let us keep the feast,
not with old leaven, nor with the leaven of malice and
wickedness, but with **the unleavened bread of
sincerity and truth.***

Good habits have the motivation of honesty
with oneself, like unleavened bread.

Having an appreciation of time is a good habit.

chronos (clock time) and **kairos** (opportunity time)

Ephesians 5:15-17 NIV

*Be very careful, then, how you live--not as unwise but as wise, **making the most of every opportunity**, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is.*

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

1. Be proactive, not reactive

Life is the product of your values not the conditions you find yourself in. The best way to predict your future is to create it. Awareness: I am a separate person from my conditions. I am responsible, or respond-able.

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

2. Begin with the end in mind

Life is created twice: The first creation is your mind and spirit by God (blueprint). The second creation is what you have decided to do (action).

Have the end in mind: Like doing a jigsaw puzzle.

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

3. Put First Things First:

This is the most important decision because it provides continuous guidance.

We don't want to climb a ladder leaning on the wrong wall.

We need a **compass** and then a **clock**.

What Are Your First Things?

- 1.
- 2.
- 3.
- 4.
- 5.

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

4. Think "Win, Win"

The habit of mutual benefit.

The Golden Rule.

Share knowledge.

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

5. Seek first to understand, then to be understood

What is your tendency.

We listen with the intent to reply, not to understand.

Listen with empathy. We lay aside self to enter the world of another

Could someone provide a prescription for eyeglasses without an examination?

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

6. Synergize

Don't only think of compromise, but an addition.

We value and celebrate differences to achieve better results

SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE

7. Sharpen the Saw

If the ax is dull, and one does not sharpen the edge, then he must use more strength; but wisdom brings success. Eccl. 10:10

"How long you been sawing that tree?"

"A long time!"

"Why don't you sharpen it?"

"I've been too busy sawing!"