



*"Delight yourself also in the Lord,
And He shall give you the desires of your heart."
~ Psalms 37:4*



Psalm 37:3

*Trust in the Lord, and do good; Dwell in the land,
and feed on His faithfulness. 4 Delight yourself
also in the Lord, And He shall give you the desires
of your heart. 5 Commit your way to the Lord,
Trust also in Him, And He shall bring it to pass.*



Psalms 37:5 states, *"He shall bring **it** to pass."*

What is **"It?"**

"It" is whatever you need or want that is
consistent with the will of God.



Delight is a simple word with profound
significance.

This word is profound because delight reflects
our **desire**, **disposition**, and **direction**.

● delight

Delight is a **verb** as an action word.

Delight is a **noun** as a thing.

Delight is an **adjective** when used as delightful.

● delight

Delight definition:

Take pleasure in, desire, incline to; to bend; favor, be (well) pleased, have pleasure

● delight

Sometimes we feel conflicted in our thoughts and desires of heart. Remember:

Proverbs 12:5, *"The thoughts of the righteous are right..."*

● delight

The key promise in our text is:

*"**Delight** yourself also in the Lord, And He shall give you the **desires of your heart.**"*

Our desires and thoughts are shaped by are obedience to God. Psalm 37:3-5,

Trust (in the Lord), **Do** (good), **Dwell** (in the land), **Feed** (on His faithfulness), **Delight** (yourself in the Lord), **Commit** (Your way to the Lord), **Trust** (in Him)

In what or whom do you delight?



To “delight” is to be **inclined** or **bent**.

We are shaped by our bents and inclinations.

Our training, experiences, and influences all find expression in how we delight.

As Christ followers the object of our greatest delight and deepest desire should be the Lord.

My delights, inclinations, and bents:

- Studying and teaching the word of God
- Walking with the Lord and considering His ways
- Researching, learning, writing, and publishing
- Helping and empowering people everywhere
- Doing creative works and learning new methods
- My lovely wife and best friend
- My children, father, and family.
- My grandchildren

In what or whom do you delight?

Jeremiah 9:23

*Thus says the Lord: "Let not the wise man glory in his wisdom, Let not the mighty man glory in his might, Nor let the rich man glory in his riches; 24 But let him who glories **glory in this, That he understands and knows Me,** That I am the Lord, exercising lovingkindness, judgment, and righteousness in the earth. **For in these I delight,"** says the Lord.*

Our delight is not the only thing we should consider. **We should also consider the Lord's delight.**

Numbers 14:7, and they spoke to all the congregation of the children of Israel, saying: "The land we passed through to spy out is an exceedingly good land.

8 If the Lord delights in us, then He will bring us into this land and give it to us, 'a land which flows with milk and honey.' "

◉ delight

2 Samuel 22:19,

*They confronted me in the day of my calamity, But the Lord was my support. 20 He also brought me out into a broad place; He delivered me **because He delighted in me.***

◉ delight

Sometimes people's hearts become trained towards unhealthy delights (bents):

Proverbs 1:22, *"How long, you simple ones, will you love simplicity? For scorners **delight** in their scorning, And fools hate knowledge.*

Proverbs 18:2, *A fool **has no delight** in understanding, But in expressing his own heart.*

◉ delight

The Apostle Paul resolved a conflict in his own life when he wrote:

CONFLICT:

Romans 7:15, *I do not understand what I do. For what I want to do I do not do, but what I hate I do.*

RESOLUTION:

Romans 7:22, *For I **delight in the law of God** according to the inward man.*

◉ delight

Jesus implied the principle of "delight"

Luke 12:31 *But seek [delight in] the kingdom of God, and all these things shall be added to you.*

32 *"Do not fear, little flock, for it is your Father's good pleasure [delight] to give you the kingdom.*

God's promise to His people in all seasons:

Isaiah 58:14, *Then you shall delight yourself in the Lord;
And I will cause you to ride on the high hills of the earth,
And feed you with the heritage of Jacob your father. The
mouth of the Lord has spoken."*